

Activity	Materials
Warm up / welcome game: Measuring things <ul style="list-style-type: none"> I have some things here for measuring. <sewing tape measure, ruler, builders tape measure, etc.> Measure how tall everyone is (mark with post-it notes on the wall) 	<ul style="list-style-type: none"> sewing tape measure, ruler, builders tape measure post-it notes
Attention grabber:: Big and Small <ul style="list-style-type: none"> find the matching pictures, are they exactly the same? <some are big and some are little> 	<ul style="list-style-type: none"> Flash cards (big and small)
Story and question time: Fighting a giant <ul style="list-style-type: none"> draw or copy a picture of Goliath on a piece of cardboard tell the story of David being brave enough to fight a giant with God's help use marshmallows or playdough to make five small stones <give everyone a chance to throw a stone at the giant> ... practice counting to five use illustrations to help tell the story 	<ul style="list-style-type: none"> drawing of Goliath marshmallows or playdough book about David and Goliath or illustrations (eg. Sweet Publishing CC-BY-SA 3.0)
Song time: David was a very brave man (Tune: Pop goes the Weasel) <p style="text-align: center;">David was a very brave man, He took on the giant Goliath, But David had the Lord on his side, Crash! goes Goliath.</p>	
Craft time: Paper plate giants <ul style="list-style-type: none"> Give everyone a paper plate – this is the head of the giant Draw a scary / cranky giant face Glue on crepe paper hair Wrap around a piece of aluminium foil as the helmet and tape it at the back to keep it in place Goliath was very tall, much taller than anyone in our class ... show on the wall how tall Goliath was. 	<ul style="list-style-type: none"> Paper plates Aluminum foil Crepe paper streamers
Activity time: Sword and stones <ul style="list-style-type: none"> Give everyone an envelope to glue or tape into their scrapbooks Everyone cuts out five circle shapes (stones) to put into the envelope Cut out a sword shape from alfoil or silver paper for each person. Add words to the page <stones, sword, David, etc.> 	<ul style="list-style-type: none"> Envelopes (one for each child) Page with five circles drawn Sword shapes cut from silver paper or cardboard covered in aluminium foil
Activity time: Five smooth stones <ul style="list-style-type: none"> Give everyone some play dough, can you make five smooth stones? 	<ul style="list-style-type: none"> Play dough
Memory verse: The Lord is my helper; I will not be afraid. Hebrews 13:6 <ul style="list-style-type: none"> Can you remember our new memory verse. I am going to say it a few times, can you say it too? <Give everyone a sticker for trying.> 	<ul style="list-style-type: none"> Memory verse sheets Stickers
Take home: <ul style="list-style-type: none"> Colouring sheet 	<ul style="list-style-type: none"> Colouring sheet (p. 45 in Action Heroes 1 teacher's book)

NB: mix and match the activities to suit your students and the materials you have available

Notes:

Making props

- FLASHCARDS: Make your own flashcards using clip art – enlarge one of each pair of images so that it is 'big' and keep the other 'small'
- STORY ILLUSTRATIONS: The Bible story illustrations from Sweet Publishing are Creative Commons licenced and can be reproduced for Sunday School props. <http://distantshores.org/resources/illustrations/sweet-publishing/1-samuel>

Play dough

- Play dough keeps very well. I store it wrapped in a plastic bag in the cupboard for months quite successfully. I usually double the recipe - that makes enough to fill an icecream container. This recipe comes from the McKenzie Creme of Tartar box.

Ingredients

- 2 cups plain flour
- 4 tbs creme of tartar
- 2 tbs cooking oil
- 1 cup salt
- food colouring
- 2 cups water

Method

1. Mix the dry ingredients.
2. Add the water and oil.
3. Stir all the ingredients together and cook over low-medium heat.
4. Keep stirring (you'll get your forearm workout for the day in). The mixture will start to thicken up and pull together. Keep going a little bit longer until it is no longer sticky when you squeeze a piece of the mixture between your fingers.
5. Once it's no longer sticky, dump it out onto a clean surface.
6. While still warm (but not hot) knead together until smooth. Be careful because it is hot in the saucepan and when you first take it out.