

Activity	Materials
<p>Warm up / welcome game: Helpers</p> <ul style="list-style-type: none"> Let's see if we can put these puzzles together <take it in turns with the group helping each child to complete their puzzle, practicing sharing pieces and helping each other> 	<ul style="list-style-type: none"> Simple Bible story puzzles (3-4 pieces each)
<p>Attention grabber: Going on a trip</p> <ul style="list-style-type: none"> When I go on a trip I pack my suitcase. Would you like to see what is inside? Do you know what these things are? <map, water, food, hat, camera ... talk about what you do with each thing> Today's story is about some people who had to pack for a long journey. These people didn't have a map. God showed them the way! 	<ul style="list-style-type: none"> Small suitcase or bag with some travel items in it (e.g.map, water, food, hat, camera)
<p>Story and question time: Crossing the Red Sea</p> <ul style="list-style-type: none"> Tell the story using a sand tray, peg dolls and strips of cellophane for the sea (two pieces overlapping so they can be rolled back on either side when the wind blows) Give all the children a peg doll for each hand, they will help tell the story by walking people through the sea on dry land. Show the picture of the Egyptian army that they were running away from. Pharaoh was very cross that his slaves were escaping <can you make cross faces?> 	<ul style="list-style-type: none"> Blue cellophane strips Peg dolls Sand tray Picture of Egyptian army in chariots (optional)
<p>Craft time: Pharaoh and his army</p> <ul style="list-style-type: none"> Give everyone a copy of the picture of the Egyptian chariot Collage / colour the picture, add a cloak (shiny fabric or paper). Talk about circles and ask the children to find the circle in the picture. Make a wheel out of shiny paper to glue on. 	<ul style="list-style-type: none"> Pre-printed templates Pre-cut circles of shiny paper (wheels) Shiny fabric for cloak Glue and colouring pens
<p>Song time: (to the tune of The Grand Old Duke of York) "Oh the people of Israel, Their God led them the way, He used a pillar of fire at night and a pillar of cloud by day."</p>	
<p>Activity time: party blowers ... a mighty wind</p> <ul style="list-style-type: none"> set the bowl of water in the middle of the table give each child a party blower and a straw talk about how God made the wind blow really hard to move all of the water, then let them try blowing with the party blower and the straw to see if they can make waves on the water surface ... then talk about how much power God has to move a whole ocean. 	<ul style="list-style-type: none"> Bowl of water Party blowers (1 each) Straws (1 each)
<p>Activity time: floating and sinking (exploring)</p> <ul style="list-style-type: none"> Some things sink to the bottom of the water and some things float, let's see which is which. <give each child a chance to guess before they test if their object will sink or float> 	<ul style="list-style-type: none"> Bowl of water Objects to float and sink (teaspoons – metal + plastic; coins; pebbles, feathers, small toys etc.)
<p>Craft time: Lift the flap picture</p> <ul style="list-style-type: none"> Use a clip art image of people walking, glue it in the centre of the A4 page and glue the strip of sandpaper below their feet Attach a flap of blue paper over the picture that opens down to show the people walking on dry land, try blowing the paper open like the wind. 	<ul style="list-style-type: none"> Clip art image of people walking Sand paper strips Blue paper Glue and tape
<p>Memory verse: The Lord is my helper; I will not be afraid. Hebrews 13:6</p> <ul style="list-style-type: none"> Can you remember our new memory verse. I am going to say it a few times, can you say it too? <Give everyone a sticker for trying.> 	<ul style="list-style-type: none"> Memory verse sheets Stickers
<p>Take home:</p> <ul style="list-style-type: none"> Colouring sheet 	<ul style="list-style-type: none"> Colouring sheet (p. 33 in Action Heroes 1 teacher's book)

NB: mix and match the activities to suit your students and the materials you have available

Notes:

Making props

- **Bible story puzzles** can be made from the pages of a worn out Bible storybook, trim to size and cut the pages into 3 or 4 pieces. You could laminate them to make them more hard wearing. Alternatively, make your own using clip art.
- A **sand tray** can be made from a clean oil drip tray, large baking tray or similar. Fill with clean sand.
- **Egyptian army** images can be found in Wikimedia Commons (a source of free public domain images) eg. [Egyptian Chariot By Joseph Bonomi \[Public domain\], via Wikimedia Commons](#)

Tricky topics

- The first time I taught this lesson I was worried about the children being upset that the pursuing army drowned, but 2-3 year olds are very matter-of-fact and they all accepted it without any concern.

Sharing and working together

- At this age many children engage in '[parallel play](#)' – they play beside each other but not together. Encouraging sharing through playing games as a group helps to build social skills. Pausing to ensure each child has their turn is important, they will wait if they know their turn always comes.